

Occupational Therapy

Uses therapeutic play and age-appropriate occupations to improve fine motor and self-care skills including:

- Dressing and hygiene
- Self-feeding skills
- Handwriting
- Grasp and pinch skills
- Matching and problem-solving skills
- Coordination

Physical Therapy

Uses therapeutic play to achieve age-appropriate gross motor skills including:

- Balance
- Walking (with or without assistive devices)
- Postural control
- Transitional movement patterns
- Strengthening
- Parent Education

Speech Therapy

Uses adult and peer communication interactions to improve speech and language abilities and social skills such as:

- Turn-taking and requesting
- Vocal and speech sound development
- Listening and following directions
- Imitation skills development
- Vocabulary and basic concept expansion
- Speech muscle strengthening and coordination



Who can benefit from TOPS?

Children from birth to age 5 with varying developmental delays who can benefit from at least two of the offered therapies (physical, occupational, or speech).

How can T.O.P.S. help?

- ⇒ Improve ability of the parents and caregivers to provide good carry-over of program at home.
- ⇒ Improve collaboration among therapists to provide interdisciplinary services for the child and family.
- ⇒ Assist families in transitioning to other programs as needed when the child becomes 3 years of age.
- ⇒ Improve parental and caregiver satisfaction by integrating services for the child into a single program.
- ⇒ Maximize the child's developmental skills through therapeutic and family involvement.
- ⇒ Increase the child's language and social skills through a group setting.



What is TOPS?

The T.O.P.S. program is an integrated pediatric therapy program for children residing in Mahoning and Columbiana counties. T.O.P.S. is designed for children from birth to approximately 5 years of age with developmental delays including:

- Fine motor delays
- Gross motor delays
- Communication delays
- Feeding delays

The T.O.P.S. program is located at the Youngstown Hearing & Speech Center (YHSC). T.O.P.S. is staffed by licensed Speech Language Pathologists from YHSC, and licensed Physical Therapists and Occupational Therapists who specialize in the treatment of pediatric clients.

The T.O.P.S. program is brought to you by:

The Youngstown Hearing & Speech Center
and
Forum Health

Please contact for more information at:

The Youngstown Hearing & Speech Center
6614 Southern Boulevard
Youngstown, OH 44512

330-726-8855
Ask for Carolyn Thomas



T.O.P.S.

Therapies:
Occupational
Physical
Speech

Mission Statement:

To provide children with special needs an interdisciplinary approach that facilitates social interaction, communication, and development of age-appropriate gross motor, fine motor, and self-care skills in a group setting.

Vision:

Children with special needs in the Mahoning Valley area will develop age-appropriate developmental and social skills that allows for a smooth transition into school, community, and family

